

# The 1<sup>st</sup> Summit Bank Ken Lantzy All Star Classic

## Emergency Action Plan

The 1<sup>st</sup> Summit Bank Ken Lantzy All Star Classic has a written emergency plan that should be followed in the event of a medical emergency. All coaches should be familiar with this document and their role and responsibility in an emergency. Any questions should be directed to the athletic trainer (or Ralph DeMarco, Chairperson, in the absence of an athletic trainer.)

An **emergency** is the need for Emergency Medical Services (EMS) to give further medical attention and/or transport an athlete to the hospital. It is important in these situations that coordination between the athletic trainer, coaches, and game staff be effective. This guide is intended to delineate roles and outline the protocol to be followed should an emergency occur. Situations when 911 should be called are:

- an athlete is not breathing
- an athlete has lost consciousness
- it is suspected that an athlete may have a neck or back injury
- an athlete has an open fracture (bone has punctured through the skin)
- severe heat exhaustion or suspected heat stroke
- severe bleeding that cannot be stopped

The highest person in the chain of command who is present at a scene will be the designated person in charge, or leader. That person is responsible for deciding whether or not to call 911, instructing others how they may be of help and will be the person who stays with the athlete until EMS arrives. Once it has been decided that EMS should be called, the following protocol should be followed:

### EMS PROTOCOL

When you call EMS, provide your name and title or position, current address, telephone number, number of individuals injured, condition of injured, first aid treatment already administered, specific directions, and other information as requested.

#### Chain of Command

Certified Athletic Trainer  
Lantzy Staff  
Head Coach  
Assistant Coach

## EMERGENCY ACTION PLAN

1. The highest person on the chain of command will be deemed the leader, and will stay with the athlete to monitor the athlete's condition and administer necessary first aid. If possible, someone else on the chain of command should also stay and assist.
2. The highest person on the chain of command will make the call to EMS or will designate another person to make the call. EMS should be told what the emergency is, the condition of the athlete and how to get to where the athlete is. DO NOT HANG UP UNTIL EMS HANGS UP FIRST.
3. The highest person on the chain of command will designate person to get medical emergency equipment and/or AED (if necessary) from nearest location. At practice, the Athletic Trainer will have an AED present with her on the sideline. At the Game, there will be an AED on the North sideline. Locations of AED's at host facilities are as follows:

Richland Fieldhouse AED—Inside front entrance of fieldhouse, nearest parking lot

Windber Football Field—outside training room next to restrooms in metal box

Trojan Stadium—inside training room

4. The leader will send runners to all gates or potential barriers between where the athlete is located and the most direct path the ambulance can take to get to the athlete. The runners should stay in their positions and wave the ambulance through the proper turns to get to the athlete.
5. The leader will designate another person to attempt contact with the athlete's parents. Emergency contact information can be found in the physicals binder in the training room. If a parent is not present, the form should accompany the athlete to the hospital.

\*Coaches should take note of the closest AED to their practice and game locations.