

Ken Lantzy Finest 40, Inc. All Star Football Game Policies and Procedures

(Adopted October 27, 2021, by the Southern Allegheny's Football Coaches Association (SAFCA))

SAFCA SCHOOLS

ALTOONA, BEDFORD, BELLWOOD, BISHOP GUILFOYLE, BLAIRSVILLE, CAMBRIA HEIGHTS, CENTRAL (MARTINSBURG), CENTRAL CAMBRIA, CHESTNUT RIDGE, EVERETT, FOREST HILLS, GLENDALE, HOLLIDAYSBURG, HOMER CENTER, MARION CENTER, NORTHERN BEDFORD, NORTHERN CAMBRIA, PENN CAMBRIA, PENNS MANOR, PURCHASE LINE, TUSSEY MOUNTAIN, BERLIN, BISHOP McCORT, BLACKLICK VALLEY, CONEMAUGH TOWNSHIP, CONEMAUGH VALLEY, JOHNSTOWN, LIGONIER VALLEY, MEYERSDALE, NORTH STAR, PORTAGE, RICHLAND, RIVER VALLEY, SOMERSET, UNITED, WESTMONT, WEST SHAMOKIN, WINDBER

- I. Each head coach will nominate senior players that meet the highest standards of the game including a punter or kicker.
- II. All nominations must be turned in by December 15th.
- III. Each school may be represented by a maximum of three (3) players. The participating head coaches of the North Squad and the South Squad will have the option of having four (4) players in the game & any three (3) other teams may have a fourth (4th) player if selected by the Ken Lantzy Head Coach, IF NEEDED (meaning during the final few picks to fill a position). If a replacement player is needed, the head coach can choose a fifth player from his team. After all means have been exhausted and with the approval of the Ken Lantzy Finest Forty Board of Directors players from any school can be added to the roster from any school.
- IV. A committee of coaches will pick the squad. (40 players) **Note: No correlation to the number of wins by a school or a school that qualified for play-offs to the number players selected from that school.** The coaches can select a punter or kicker as the 41st player. The punter or kicker can only participate in the game as the kicker or punter unless there are 40 players or less on the team.
- V. The committee will consist only of
 - A. SAFCA Executive Committee
 - B. The North Coaching Staff & the South Coaching Staff
 - C. The Head Coaches from all member schools
- VI. The game will be held on the 2nd or 3rd Friday in June.
- VII. One week of double session practices.
- VIII. Each player participating will be asked to sell \$500.00 in program ads.
- IX. Head coaches must be members of the Southern Allegheny's Coaches Association.
- X. Nominations will go out in a press release.
- XI. Those coaches voted by the Southern Allegheny's Coaches Association as "Coaches of the Year" will be the Head Coaches of each squad. The top two vote receivers for the "Coach of the Year" will be the two head coaches. Each head coach will draft schools alternating with the number one coach selecting the team first along with selecting the team name of North or South.
- XII. A maximum of (2) assistants can be from the Head Coach's own staff.
- XIII. There will be no more than five total assistant coaches from different schools in the same division.
- XIV. If a "Coach of the Year" decides he does not want the position of Head Coach then the following rule applies:
 - A. The next coach in the "Coach of the Year" balloting will be asked providing he was not a Head Coach the previous year.
- XV. Assistant Coaches shall be member coaches who did not coach the previous year.
- XVI. The only member who may coach in succeeding years is one who was an assistant then voted as "Coach of the Year" the following year or voted as "Coach of the Year" two years in a row.

- XVII. Advanced tickets must be turned in to the "Ken Lantzy Finest Forty Inc." whether sold or not by June 1st.
- XVIII. Coaches Participation: A member school will have no participants for the Ken Lantzy Finest Forty Inc. All-Star Football Game if any one of the following occurs.
- A.) A member school is not represented at a minimum of one meeting each school year by a member of the football coaching staff.
 - B.) A member school does not sell a minimum of 50 tickets by the selection meeting. (The selection meeting will be February or March)
 - 1. Beginning with the 2008 Ken Lantzy Game, if a member school does not sell a minimum of 50 tickets the current year and the previous year, the member school is limited to one player in the game regardless of record.
 - C) A member school has a player drop out of the previous year's game after he has made the commitment to the Ken Lantzy Committee for reasons other than injury or college prohibition.
 - D) Sections A, B and C of Rule XVIII may be waived by a majority vote of the Ken Lantzy Finest Forty Inc. Board of Directors provided extenuating circumstances are presented to any officer of the Association.
- XIX. If a school meets all the requirements as stated in Rule XVIII, such school shall be guaranteed one player.
- XX. All Ken Lantzy Game rules changes must first be approved by the Ken Lantzy Finest Forty Inc. before the Association can vote on any changes concerning the Ken Lantzy Game.
- XXI. All players, coaches and game personnel are expected to uphold the high standards of the Ken Lantzy Finest Forty Football game. The Ken Lantzy Finest Forty Board of Directors, Ken Lantzy Coaching staff or the players school, reserves the right to remove a player from participating in the game before game week if that player does not meet the highest standards of the game. During game week the Ken Lantzy Finest Forty Board of Directors or the Ken Lantzy Coaching Staff may remove a player or coach that does not meet the highest standards of the game.

KEN LANTZY GAME RULES

1. Defensive Guidelines: four (4) man front / three (3) linebackers / four (4) deep secondary
 - a. Front
 - a. Tackles- inside / on / outside shoulder of the guards.
 - b. Ends- To the TE- Inside / on / outside shoulder of the TE. Away from TE- outside shoulder of tackle (no ghost position).
 - c. All in three (3) or four (4) point stances.
 - d. Tackles and ends may slant, but no twists.
 - e. Tackles and ends must rush the passer.
 - b. Linebackers
 - c. One linebacker may be used in coverage.
 - a. Feet of linebackers must be deeper than the feet of any down lineman.
 - b. Depth may change in short yardage (2 yards or less) or goal line (10 yard line and in) situations, where the linebackers may play as tight as possible and may assume a three (3) or four (4) point stance.
 - c. Linemen may be substituted for linebackers in short yardage and goal line situations.
 - d. Linebackers' react, but are never allowed to stunt- NO STUNTS.
 - e. In all passing situations when the quarterback is in the pocket, linebackers must be in coverage.
 - d. Secondary
 - a. Must play straight man-to-man.
 - b. Maximum depth for any player in the secondary is seven (7) yards. A safety not in man coverage can play at a depth of ten (10) yards and must align in the tackle box.
 - c. If your man goes in motion, you must play him all the way- NO SWITCHING.
 - d. If your man blocks, you are free to play football.
2. For the FIRST VIOLATION OF RULES #1: a fifteen (15) yard penalty will be assessed.
3. Any subsequent violation: a fifteen (15) yard penalty will be assessed.
4. In kicking situations the linebackers may move up onto the line of scrimmage, and the secondary may move up (but stay outside the defensive end); however no more than seven (7) can rush. The interior offensive lineman splits can be no more than three (3) feet.
5. A minimum of five (5) or 25% of the offensive plays will be pass attempts by the end of each quarter. At the end of each quarter if five (5) or 25% of the offensive plays have not been pass attempts, the violating team will be assessed a ten (10) yard dead ball penalty prior to their next offensive play.
6. NCAA retreat pass blocking technique is permitted (open palms, arms extended, hands & arms inside the shoulders).
7. A team BEHIND by nine (9) OR MORE points may elect to RECEIVE the kickoff after the score only one time during the game.
8. The National Federation Tie breaker format will be used.
9. NCAA college 40/25-second play clock will be used.
10. Current National Federation rules will be in effect for the game.
11. Only the two (2) widest men on the line of scrimmage may release on the kicking down at the snap of the ball. Other lineman may release after the kick.

12. Clock time:
*1st Quarter-15 minutes, *2nd Quarter-15 minutes, *3rd Quarter. -15 minutes, *4th Quarter-15 minutes.
13. The “empty set” formation may not be used in the game. One back (other than the QB) must be aligned in the backfield between the offensive tackles from the time the ball is set until the ball is snapped.
14. The offense will use a standard front with a left tackle, left guard, center hiking the ball, right guard and right tackle with a maximum of one yard splits.